

Social Research Call

Title: *Protective and Risk factors On Suicidal Ideation and Attempts in Young people. A population-based study.*



Acronym: PROSIA-Y

Project leader: Judith Usall i Rodié

Host organisation: Parc Sanitari Sant Joan de Déu

Main purpose of the project): To examine the risk and protective factors of suicidal behaviours in a population aged 16 to 29. To calculate the lifetime prevalence of suicidal behaviours; to study the impact of childhood trauma and protective factors on suicidal behaviours, and to stratify the results by sex.

Design/methodology/approach: A total of 800 randomly selected participants will be contacted to answer an online survey about suicidal behaviours and some of their relevant factors. All participants who respond that they have presented with suicidal ideation will be contacted to participate in an online interview to explore more exhaustively the Suicidal Behaviours

Potential results: Our study would contribute, by identifying its risk and protective factors, to generate evidence-based recommendations for the primary prevention of suicidal behaviors and deaths in the upsurge and post-pandemic phase. We will also provide gender-sensitive insights in how risk and protective factors differently affects young women and men suicidal behaviors.

Social relevance of the research: Our results will serve for improving interventions ranging from emergency services initiatives aimed at preventing suicide attempts, to public policymaking for the improvement of both young men and women's mental health.

Originality/value of the project: The study will make an exhaustive examination of the main risk and protective factors related to suicidal behaviours in young Spanish population and these factors may be the key to inform new prevention strategies adapted to our current social context. Moreover, this study will present these results stratified by sex.